



Kendal ASC Long Distance Gala 3 Results 2023

(Under ASA Laws and ASA Technical Rules of Swimming)

License 4NW232415

EVENT 1 Female 400m Freestyle

Full Results

Place	Name	AaD Club	Time	WA Pts
1.	Kara VAN DER MERWE	13 Kendal	4:57.58	485
2.	Emma DUXBURY	16 Kendal	5:09.76	430
3.	Kate COLLIN	15 Kendal	5:14.92	409
4.	Annie BOTTOMLEY	15 Kendal	5:17.97	398
5.	Evelyn KINNEAR	14 Kendal	5:27.93	362
6.	Ruby DUXBURY	14 Kendal	5:34.24	342
7.	Iona BUXTON	15 Kendal	5:34.30	342
8.	Eleanor KING	14 Kendal	5:48.02	303
9.	Hannah CARRADICE	13 Kendal	5:57.86	279
10.	Lara SMITH	15 Kendal	5:58.76	277
11.	Harriet STAINER	11 Kendal	6:08.19	256
12.	Emma ANDERSON BICKLEY	12 Kendal	6:12.10	248
13.	Indie BROOKES	11 Kendal	6:12.38	247
14.	Ava DIXON	11 Kendal	6:14.71	243
15.	Sian MACDONALD	61 Kendal	6:22.21	229
16.	Jessica ATKINSON	11 Kendal	6:33.99	209
17.	Lua SWAMI	12 Kendal	6:36.37	205
18.	Amy HORNBY	45 Kendal	6:47.90	188
19.	Lara COLLIN	13 Kendal	6:49.04	187
20.	Megan TURNER	10 Kendal	6:50.94	184
21.	Maisey WILSON	11 Kendal	6:53.64	180
22.	Esmay DART	10 Kendal	7:06.68	164
23.	Estela HRISTOVA	12 Kendal	7:13.83	156
24.	Jessica SMITH	10 Kendal	7:28.58	141
25.	Eleanor SKINNER	10 Kendal	8:39.06	91

EVENT 2 Open/Male 400m IM

Full Results

Place	Name	AaD Club	Time	WA Pts
1.	Benjamin ROWLEY	15 Kendal	5:24.74	378
2.	Adam STANSFIELD	18 Kendal	5:43.19	320
3.	Evan DART	17 Kendal	5:59.56	278
4.	Jake SMITH	13 Kendal	6:14.50	246
5.	Finlay WOOD	14 Kendal	6:33.24	212
6.	Jack CARRADICE	13 Kendal	6:36.11	208
7.	Elliott DART	12 Kendal	6:42.08	199
8.	George KINNEAR	12 Kendal	6:51.18	186
9.	Stuart MCGURK	62 Kendal	8:25.24	100
	Logan PINDER	11 Kendal	DQ	
	James ESCOLME	17 Kendal	DQ	